



Nutrition Facts

Per 1 Package (22 g)

Amount	% Daily Value
Calories 100	
Fat 3.0 g	5 %
Saturated 0.5 g + Trans 0 g	3 %
Cholesterol 0 mg	0 %
Sodium 210 mg	9 %
Carbohydrate 16 g	5 %
Fibre 1 g	4 %
Sugars 2 g	
Protein 2 g	
Vitamin A 0 %	Vitamin C 0 %
Calcium 2 %	Iron 8 %

INGREDIENTS: PRETZEL STICKS (ENRICHED WHEAT FLOUR, SALT, MALT SYRUP, VEGETABLE OIL (VEGETABLE AND MODIFIED PALM WITH TBHQ AND CITRIC ACID), SODIUM HYDROXIDE, YEAST). RITZ BITS WITH WHOLE WHEAT (ENRICHED WHEAT FLOUR, VEGETABLE OIL (VEGETABLE AND MODIFIED PALM WITH TBHQ AND CITRIC ACID), WHOLE WHEAT FLOUR, SUGAR, GLUCOSE-FRUCTOSE, MALTED BARLEY FLOUR, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, SALT, AMMONIUM BICARBONATE, SOYA LECITHIN, AMYLASE, PROTEASE, PAPAIN). WHOLE WHEAT SQUARES CEREAL (WHOLE GRAIN WHEAT, SUGAR/GLUCOSE-FRUCTOSE, NATURAL FLAVOUR, SALT. VITAMINS AND MINERALS: THIAMINE MONONITRATE (B₁), NIACINAMIDE, PYRIDOXINE HYDROCHLORIDE (B₆), FOLIC ACID, CALCIUM PANTOTHENATE, IRON). CHEESE NIPS (ENRICHED WHEAT FLOUR, VEGETABLE OIL (VEGETABLE AND MODIFIED PALM WITH TBHQ AND CITRIC ACID), CHEDDAR CHEESE, AUTOLYZED YEAST EXTRACT, SALT, SODIUM BICARBONATE, MONOSODIUM GLUTAMATE, ANNATTO, PAPRIKA, YEAST, CAYENNE PEPPER, AMYLASE, PROTEASE, MALTED BARLEY FLOUR, FREEZE DRIED LACTIC ACID CULTURE, FLAVOUR). RITZ BITS (ENRICHED WHEAT FLOUR, VEGETABLE OIL (VEGETABLE AND MODIFIED PALM WITH TBHQ AND CITRIC ACID), SUGAR, GLUCOSE-FRUCTOSE, MALTED BARLEY FLOUR, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, SALT, AMMONIUM BICARBONATE, SOYA LECITHIN, AMYLASE, PROTEASE, PAPAIN), VEGETABLE OIL (VEGETABLE AND MODIFIED PALM WITH TBHQ AND CITRIC ACID), SEASONING (CORN SYRUP SOLIDS, SALT, GARLIC POWDER, SUGAR, SPICES, SOYA SAUCE SOLIDS (FERMENTED WHEAT AND SOYABEANS, SALT, MALTODEXTRIN, CAMEL COLOUR), PALM OIL, TAMARIND, NATURAL FLAVOUR). IL# E5020

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