

# On The Go Egg Tortillas



Preparation Time: 10 minutes  
Ready In Time: 38 minutes  
Serves: 4

## Essential Equipment

Measuring cups  
Microwavable mixing bowl  
Fork  
Mixing spoon  
Muffin tin  
Cutting board  
Small knife  
Whisk

## Gather Ingredients

1/2 cup *Cheez Whiz* Spread  
1/2 cup *Miracle Whip* dressing  
4 eggs  
1 cup mixed chopped vegetables  
4 small tortilla shells

## Do This First

Preheat oven to 375°F. Wash & chop about 1 cup of your favourite vegetables such as green onions & peppers.

## Simple Steps

- 1 Combine *Cheez Whiz* & *Miracle Whip* in microwavable bowl.
- 2 Microwave on HIGH for 30 seconds and whisk until mixture is smooth.
- 3 Beat in eggs and add in chopped veggies.
- 4 Shape tortilla shells into muffin tin to form “cups”.
- 5 Divide egg mixture into each of the tortillas.
- 6 Bake at 375°F for 25 minutes or until centre is set and doesn't jiggle anymore.



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